

Suggestions to Help Your Cat When He/She Goes to the Vet



During this most challenging of times, we may have to make a trip to our veterinarian. With the necessary precautions put in place, this may be an even more stressful experience for our feline family members. Preparing your cat's visit beforehand to help make it a smooth experience is an integral part of reducing their stress level.

Here are some important suggestions:

- Practice crate training, make it a part of an enrichment activity (see our crate training brochure, and others, for these steps, available to download for free, www.mojohope.org)
- Bring their food to alleviate any digestive stress (if they are needing to stay for the day or longer).
 - Have bedding in the crate that smells like home. Preferably something they have been using.
- Provide a Comfort Companion (a stuffed animal that should also have familiar scents). You can even wrap the comfort companion with a piece of clothing that smells like you.
 - Bring toys they enjoy playing with.
- Provide music (we utilize the I Calm Pet music that is researched based to help keep cats calm).

These suggestions can also be applied for getting your cat ready for the groomer, house guests, for travel, or for an emergency.

Mojo's Hope believes in utilizing a proactive approach and only implementing force-free methods.

For more support and tips, contact Mojo's Hope:

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Mojo's Hope is an:
Associate Certified Cat Behavior Consultant
Through the International Association of Animal Behavior Consultants

IAABC.org

A Certified Pet Loss and Bereavement Counselor through
The Association for Pet Loss and Bereavement

